

Musing over the message on: "DO SOMETHING BEAUTIFUL"

What is your normal emotional response when wronged? How will you treat your offender the next time you encounter them? Reflect on why you respond and react the way you do.

In what ways do you see the three steps discussed today providing you a means of getting beyond your feelings of displeasure toward one who has offended you?

- Plan...
- Plan something beautiful...
- Plan something beautiful in the eyes of everyone...
- What are some "beautiful" things you could do towards specific people who have hurt you? How do you see that you could implement those beautiful things? Will you commit to do so?

Have you ever witnessed an act of beauty being done by the offended one to their offender? What resulted? What did it do for you as an observer?