
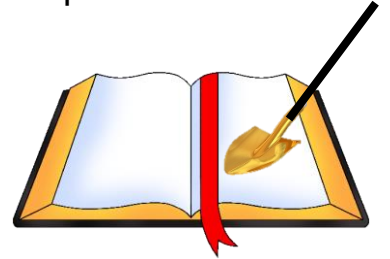






*Musing over the message on:*  
**“MANAGING YOUR MOUTH”**


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 In what “places” have you most often been wronged or received persecution?





 What is your first inclination when wronged?

 When dealing with anyone on your “annoyance>hatred continuum” are you more prone to “fight” or “flight?” What rationale leads you to make that choice?

 In which of the three ways are you more tempted to “curse” one who has wronged you? To God? To others? The person themselves?



 Contemplate Biblical examples of individuals who “blessed” those they could have cursed. What can you apply to your own situations from their model?

 In what ways do you need to start better managing your mouth in order to exit the hold of hatred?

